

# ADHERENCE COUNSELING: A Client-Centered Approach

**September 29, 2010**

**9:00 am - 4:30 pm**

## **INTENDED AUDIENCE:**

Primary care physicians (Internal Medicine, Family Practice, OB),  
Physician Assistants, Nurses, Social Workers, and Case Managers

## **PURPOSE:**

To help care providers improve their medication adherence assessment and counseling skills to maximize the clinical benefits of HIV antiretroviral therapy.

## **PROGRAM OBJECTIVES:**

*Upon completion of this program, participants should be able to:*

- Explain the importance of adherence to antiretroviral therapy.
- Identify factors that affect adherence to treatment regimens.
- Describe antiretroviral drugs and how they are used in HAART regimens.
- Explain client-centered counseling techniques.
- Describe the RIME/EARS model of Patient Adherence Counseling.
- Apply client-centered adherence counseling techniques to actual client cases.



## **PRE-REGISTRATION REQUIRED:**

**\$50 / \$30\*** (\*providers serving low-income clients at publicly-funded sites are eligible for subsidized registration.)

The registration fee for this program is waived for staff from Part A funded agencies.

## **REGISTER ONLINE AT: [www.matec.info](http://www.matec.info)**

**If you are unable to register online, please call Alicia McDonald at 312-996-1373**

Registration closes one week prior to the program date. Confirmation of registration will be sent. If you do not receive confirmation one week prior to the program date please call 312-996-1373. A \$25 fee will be charged to persons who do not attend or cancel within 72 hours of the program.

## **CONTINUING EDUCATION CREDIT PROVIDED FOR:** Nurses and Social Workers

**NOTE: MATEC workshops are held in various locations.  
Please check your confirmation notice for the location of this program.**